

UAND ANNUAL CONFERENCE AGENDA

Tuesday, March 17, 7:15am-4:30pm

TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	Morning Social, Breakfast & Registration		Meridian BCG
8:00-8:15	Welcome and Announcements		Meridian BCG
8:15-9:15	General Session Myths, Truths and Promises: Untangling the Latest Dietary Guidance - Chris Mohr, PhD, RD	1	Meridian BCG
9:15-9:20	Bio Break		
9:20-10:20	General Session Inspiring Action: Leveraging Innovative Nutrition Strategies Against Chronic Disease - Panelists: Theresa Dvorak MS, RDN, CD, CSSD; Karlee Kump MS, CHES; Ellen Maxfield MSPH, CHES Moderator: Melinda Sieng, MS, RDN, CD	1	Meridian BCG
10:20-10:40	Break		
10:40-11:40	Breakout Sessions <ol style="list-style-type: none">1. Advancing Patient Health and Provider Knowledge Through Culinary Medicine - Christina Badaracco, MPH, RDN, LDN2. From Boomers to Zoomers: Cracking the Communication Code - Suzette Holt, MBA, RDN, CNSC3. Sarcopenia Prevention in Younger and Middle-Aged Adults - Suzanne Young, PhD, MPH, MBA, ACSM EP, ACSM EIM	1	Meridian AEF Meridian BCG Meridian DH
11:40-12:40	Lunch Board Meeting/Awards		Meridian BCG
12:40-1:40	General Session In Defense of Delicious: How Flavor Contributes to Human and Planetary Health - Amy Bentley, PhD	1	Meridian BCG
1:40-2:10	Break		
2:10-3:10	Breakout Sessions <ol style="list-style-type: none">1. "My Food is Poisoned": Providing Psychiatric Informed Nutrition Care - Melissa Baugh, RD, CD & Isaac Ou2. Hydration & Nutrition Challenges in Older Adults: Best Practices for Disease-Specific Care and Improved Patient Outcomes - Gina Ward, MS, RDN, CDCES3. Protein on the Shelf: Navigating Trends and an Evolving Industry - Marisa Scarlet, MS, RDN, CD & Elizabeth Ruffing, MS, RDN, CD	1	Meridian AEF Meridian BCG Meridian DH
3:10-3:20	Bio Break		
3:20-4:20	General Session Optimizing GLP-1 Therapy: A Dietitian's Guide to Managing Side Effects & Patient Expectations - Sheila Patterson, RD, CDCES	1	Meridian BCG
4:20-4:30	Announcements + Closing Remarks		Meridian BCG

UAND ANNUAL CONFERENCE AGENDA

Wednesday, March 18, 7:15am-4:45pm

TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	Morning Social, Breakfast & Registration		Meridian BCG
8:00-8:15	Welcome and Announcements		Meridian BCG
8:15-9:15	General Session Building a Healthier Future: The Intersection of Clinical Dietitians and Public Health - Pam Chapman, RD, CDCES	1	Meridian BCG
9:15-10:15	General Session Overlooked: Addressing Malnutrition in People with Overweight and Obesity - Jillian Hyttenhove, MA, RD, CSOWM, LD, CHES	1	Meridian BCG
10:15-10:30	Bio Break		
10:30-11:30	Breakout Sessions <ol style="list-style-type: none">1. Bridging the Clinical-Community Divide: Public Health Approaches in Patient Care - Casey Coombs MS/RDN, Brooke Lister MPH/RDN, Getrude Mphwanthe PhD/RDN, Amanda Arnold RDN, Kimberlee Creech RDN, Amria Farnsworth MPH/RDN2. Beyond the Scale: Screening for Malnutrition in the Era of GLP-1 Medications - Lacie Peterson, PhD, RDN, BC-ADM, CDCES, FADCES, FAND & Grant Cefalo, MDA, RD, CDCES3. Exhibitors/Student Posters	1	Meridian AEF Meridian BCG Meridian DH
11:30-12:30	Lunch		Meridian BCG
12:30-1:30	Breakout Sessions <ol style="list-style-type: none">1. Discover Your Strengths: Building Leadership and Team Skills - Alyssa Reidhead, MDA, RDN & Marlene Graf, MS, RD2. Turn Your Practice into Profit with Group Programs - Judes Scharman Draughon, MS, RDN, LD3. Exhibitors/Student Posters	1	Meridian AEF Meridian BCG Meridian DH
1:30-2:15	Student Posters and Bio Break		Twilight Rooms
2:15-3:15	Breakout Sessions <ol style="list-style-type: none">1. Bridging the Hunger Gap: Educator Perspectives on the Impact of Weekend Food Assistance: A Five.12 Case Study - Natalie Dalley, MPH, RDN2. Medical Complications of Severe Eating Disorders: What Every RD Needs to Know - Meghan Foley, RD, CEDS-C3. Exhibitors/Student Networking Activity	1	Meridian AEF Meridian BCG Meridian DH
3:15-3:25	Bio Break		
3:30-4:30	General Session Evolving Expertise: The Dietitian's Role in a Rapidly Changing AI World - Drew Hemler, MSc, RD, CDN, FAND	1	Meridian BCG
4:30-4:45	Announcements + Closing Remarks Annual Conference Adjourns		Meridian BCG