

**Wendy Phillips, MS, RD, CD, CNSC, CLE, FAND**

Morrison Healthcare / Division Director of Clinical Support  
Public Policy Coordinator & Advocacy Pillar Chair, Utah Academy Nutrition & Dietetics



As a Division Director of Clinical Support at Morrison Healthcare, Wendy Phillips directs the development, implementation, and maintenance of clinical nutrition programs and services according to regulatory requirements, current trends, and market place demand. In her role, she provides regulatory oversight for the clinical nutrition services at ~160 hospitals from California to Ohio in the Western Division.

Wendy is also the Chair of the Academy's Consumer Protection and Licensure Subcommittee, and the Chair-Elect for the Clinical Nutrition Management DPG. She serves as the Director of Communications and Marketing for the Dietitians in Nutrition Support DPG.

She moved to St. George, Utah in July 2015, where she lives with her husband and 2 teenage sons. In her free time, she loves hiking, running, playing sports, reading, and spending time with her family.

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**Melody Kienholz, RD, CSR**

State Policy Representative, Utah Academy of Nutrition and Dietetics



Melody Kienholz is a Certified Specialist in Renal Nutrition with 5 years of experience working with Dialysis patients (in-center hemodialysis, peritoneal dialysis, and home hemodialysis). Currently, Melody works for Intermountain Healthcare in the Salt Lake City area. Prior to moving to Utah, Melody worked for the University of Virginia Health System, also in dialysis. Melody is enthusiastic about seeing the profession of Registered Dietitians grow!

**Sara Piedle, MS, RD**

Outpatient Clinical Dietitian for Salt Lake City Veteran’s Health Administration, Ogden  
Community Based Outpatient Clinic  
State Regulatory Specialist, Utah Academy of Nutrition and Dietetics



Sara has worked as a Registered Dietitian since early 2006 after receiving her Bachelor’s degree in Food and Nutrition from Youngstown State University (Ohio) in 2005. She started her career in El Paso, TX at Del Sol Medical Center doing inpatient clinical care and received her Master’s degree in Kinesiology from the University of Texas in El Paso (UTEP) in 2011. Since then she has worked in various fields to include home based care, dialysis, consulting for community improvement projects for the City of El Paso, private practice and has taught nutrition courses for El Paso Community College and UTEP.

Sara moved to Utah in August of 2015 to work as an outpatient dietitian for the Salt Lake City Veteran’s Health Administration (VHA) Community based clinic in Ogden, UT. She sits on the Professional Practice Council and is the Co-Chair of the Facebook Subcommittee for the Social Media Nutrition group for the VHA. Sara has sat on the board of directors for the El Paso Dietetic Association as the Legislative Chair for 5 years and was the State Regulatory Specialist for the Texas Dietetic Association for 3 years. She has been a speaker for the El Paso Academy annual meetings and as part of the Public Policy Panel for Texas FNCE regarding state policy issues.

When she is not working or volunteering she is training for triathlon races or is spending time in the mountains hiking and skiing.

**Nikki Kendrick, MDA, RDN, CNSC**

Utah State University Dietetic Internship: Clinical Assistant Professor  
Consumer Protection Coordinator, Utah Academy of Nutrition & Dietetics



Nikki has worked as a registered dietitian nutritionist since 2010. After completing her dietetic internship at the University of Iowa Hospitals and Clinics, she began working as a clinical dietitian specializing in critical care and nutrition support. Nikki has been a member of the UAND Board as the reimbursement representative since 2014 and has worked to learn about reimbursement opportunities for Utah dietitians. She is passionate about helping dietitians learn how reimbursement will help them create the career they want and how to navigate the insurance reimbursement system. In 2015 Nikki joined the faculty of the Utah State University Dietetic Internship where she helps dietetic interns achieve their dreams of becoming registered dietitians.

In her free time Nikki enjoys hiking, cycling, and spending time with family and friends, as well as planning her next vacation.

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**Pauline Williams, PhD, MPA, RDN, CD**

Brigham Young University Dietetic Internship Director and Associate Teaching Professor  
Delegate, Utah Academy of Nutrition and Dietetics



Pauline is the Dietetic Internship Director and an Associate Teaching Professor in Nutrition, Dietetics and Food Science at Brigham Young University. She has a varied work history in the nutrition and dietetics field including Clinical Dietetics, Extension Services, Clinical Management, and Academics. During her career she has been involved in creating, implementing, and assessing a variety of health programs for the public.

Pauline enjoys active involvement in the dietetics profession. Her state activities include serving as Utah's Delegate and previously as President and Legislative Coordinator for the Utah Academy of Nutrition and Dietetics. She also completed two appointed terms on Utah's Division of Occupational and Professional Licensing Dietitian board. On a national level she has served as a member and chair for the Academy of Nutrition and Dietetics Quality Management Committee. She is currently chair-elect for the Nutrition Education for the Public DPG.

When she's not working or volunteering you'll find Pauline weeding the garden, baking, playing the piano, or spending time on the family cattle ranch nestled in the red rocks of southern Utah.

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**Karlee Adams, MPH, CPH, RDN, CD**

Intermountain Healthcare: Diabetes Prevention Program Assistant Coordinator  
Reimbursement Representative, Utah Academy of Nutrition and Dietetics



After graduating from Utah State University in the Coordinated Dietetics program Karlee went on to the University of Utah to get her Master's of Public Health. As she was working at a small hospital in Tooele she became introduced to the Diabetes Prevention Program through the local health department. This program is what her current work and passion is focused on at Intermountain Healthcare.

Karlee has worked for Intermountain Healthcare as an outpatient dietitian and with the Weigh to Health Program for 2 years. The Weigh to Health Program has been transitioning a Diabetes Prevention Program and Karlee took coordinator position to help spearhead this system wide transition. She has been navigating program set up, CDC compliance, and insurance reimbursement as part of keeping programs like this sustainable around the Intermountain Healthcare system. As part of her outpatient MNT responsibilities, she has also become more familiar with common issues for insurance reimbursement of dietetics services.

She enjoys spending time with her dog a little more than going out on a Friday night, enjoys a good home improvement project, and she excited to be living in Layton with a yard to garden each summer.

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**Robin Aufdenkampe, MS, RDN, CD**

Clinical Nutrition Manager, Primary Children's Hospital

Adjunct Professor, Northern Arizona University

Immediate Past President, Utah Academy of Nutrition and Dietetics



As a Clinical Nutrition Manager at Primary's Children's Hospital and Chair of the Intermountain Healthcare Clinical Nutrition Guidance Council I'm able to pursue my career passions of promoting and advancing healthy nutrition initiatives and education. I'm also fortunate to have the opportunity to teach Medical Nutrition for Northern Arizona University. My work experience has focused on Clinical Dietetics in Neonatal and Pediatric Nutrition, Nutrition Support and Academics, while expanding services through Clinical Nutrition Management, Telehealth Initiatives, and Experiential Education. Throughout my career I've been an active member of the Academy's Pediatric Nutrition and Clinical Nutrition Management DPGs, as well as the Association of Experiential Education serving in several different capacities.

When not fulfilling my professional and education goals I enjoy being out on the ski slopes, finding outdoor adventures, as well as, gardening and learning new recipes for entertaining family and friends.

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